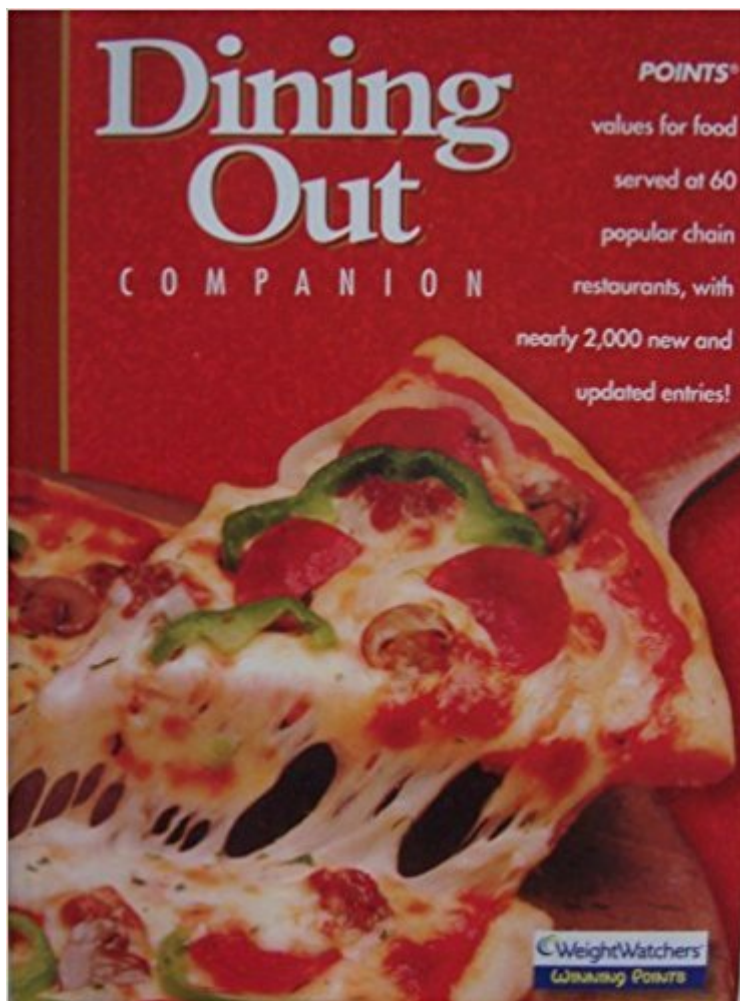


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Synopsis

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Book Information

Paperback: 270 pages

Publisher: Weight Watchers (2003)

Language: English

ASIN: B003C7P9H2

Package Dimensions: 7.5 x 5.5 x 0.5 inches

Shipping Weight: 6.4 ounces

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #909,396 in Books (See Top 100 in Books) #135 in [Books > Health,](#)

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